



3rd Annual Mary A. Callahan Memorial 5k



*To Benefit Alzheimer's Research
Stanley Park Westfield, Ma.
Sunday November 8th at 11am
www.teamcallahan.org*

Day of Race: registration will open at 9:30 in the kids pavilion located near the play area at the "field" entrance to the park on Western Avenue.

Top Runners to receive awards. (Walkers welcomed)

1st Place Male and female runner.

There will be awards for male and female runners in the (18-Under), (19-29), (30-39), (40-49), (50-59), (60-69) and (70 and over) categories.

Course: Uneven (trail/field) Same course as Monday night run.

Mail entry form to: "Team Callahan" 74 Llewellyn Drive, Westfield, MA. 01085. Make checks and money orders payable to Alzheimer's Association/Team Callahan.

Free refreshments provided (there will also be a small bake sale). If you are unable to run then please come and help cheer on our runners and walkers!! Or volunteer to help the day of the race!! Go online to www.teamcallahan.org for more information!!

ENTRY FEE: \$10.00 pre-race and \$15.00 day of the race.

Include (check or Money Order) payable to Team Callahan/Alzheimer's Association and mail to **Team Callahan 74 Llewellyn Drive, Westfield, MA. 01085**

Last Name

First Name

Age On 10/6 Birthdate Sex

Address

City State Zip

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, wave and release Stanley Park, its director's, officers, and staff, the city of Westfield and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. **Headsets, dogs on leashes, bicycles, in-line skates and vehicles used to transport children are prohibited.**

Required Signature: _____ Date _____

-----Signature of parent is required for entrant under 18-----

Go online to www.teamcallahan.org to learn more about Alzheimer's, the race, and Team Callahan!! Call 413-364-4606 or 413-572-1417 if you need any information!