



**36th Annual
Jones Group Realtors
10 Mile Road Race**



**Sunday
February 28, 2010
11:00 a.m.**

Amherst-Pelham Regional Middle School/ H.S.

Amherst, MA



**USATF TRACK & FIELDSM
NEW ENGLAND**

The First USATF-NE Grand Prix Race of 2010 !

<i>USATF sanctioned race</i>	Course Records: Bob Hodge: 48:57 (1984), Nancy Conz: 57:05 (1986)	<i>USATF certified course</i>		
<p style="text-align: center;"><u>Prizes</u></p> <p style="text-align: center;">(see SMAC web site www.sugarloafmac.org for listing of cash award amounts)</p> <p>Individual Prizes: Cash awards to the top 3 male and female winners in each of the following age categories: Open, Masters (40 – 49), Veterans (50 – 59), Seniors (60 and over) Awards to first male and female finishers in the following youth divisions: 15 and under, 16 – 19 NEW THIS YEAR: Cash awards to the first male and female “local” finishers (see SMAC web site for more details about amounts and eligibility)</p> <p>Bonus prizes: \$2500 cash award for setting a new course record (male and/or female)</p> <p>Team Prizes: Cash awards for top three teams in each of the following categories (top finishers for each team will count towards final team standing as noted below):</p> <table border="1" data-bbox="110 1394 1507 1589"> <tr> <td data-bbox="110 1394 812 1589"> <p style="text-align: center;"><u>Men's teams</u></p> <p style="text-align: center;">Open (team of 5) Masters (40 & over, top 5 count) Veterans (50 & over, top 3 count) Seniors (60 & over, top 3 count)</p> </td> <td data-bbox="812 1394 1507 1589"> <p style="text-align: center;"><u>Women's teams</u></p> <p style="text-align: center;">Open (team of 5) Masters (40 & over, top 3 count) Veterans (50 & over, top 3 count)</p> </td> </tr> </table>			<p style="text-align: center;"><u>Men's teams</u></p> <p style="text-align: center;">Open (team of 5) Masters (40 & over, top 5 count) Veterans (50 & over, top 3 count) Seniors (60 & over, top 3 count)</p>	<p style="text-align: center;"><u>Women's teams</u></p> <p style="text-align: center;">Open (team of 5) Masters (40 & over, top 3 count) Veterans (50 & over, top 3 count)</p>
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PRIZE ELIGIBILITY: TEAMS: To be eligible for a team award, your team must be a USATF-NE member team. **Individual Runners:** Only runners with current USATF membership prior to the start of the race are eligible to receive prize money (including bonus money). Foreign athletes must be eligible under IAAF and their home country federation's rules to be eligible to receive prize money (including bonus money). To be eligible to score as an individual or as a member of a team in the USATF-NE Championship and to be scored as a Grand Prix Ironrunner, a runner must be a current USATF member in the New England Association as of the start of the race. Proof of current USATF membership must be submitted before the race by including their membership number on the entry form. All other entrants are encouraged to register with the USATF-NE or their local USATF Association. To register, contact the New England Association, USATF, P.O. Box 1905, Brookline, MA 02146, 617-566-7600. You may also register on line at www.usatfne.org. A USATF-NE representative will be present at race headquarters on race day to register athletes.

Sponsored by:
 Partners in Our Hometown
Florence Savings Bank



T-Shirts

Long sleeve cotton t-shirts free **for all entries received by February 14, 2010**. A limited number of shirts will be available for sale for \$10 on race day.

Amenities

Post-race food and showers will be available at the Middle School.

PLEASE NOTE THAT LISTENING TO HEADPHONES AND/OR RUNNING WITH A STROLLER ARE PROHIBITED

New This Year: Time Limit

Please note that as of 2010 there will be a 2 ½ hour time limit for finishing the race. After 2 ½ hours (at 1:30 p.m.), the course and finish line will close.

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Entry fees

\$25 until February 14, 2010 - \$30 February 15, 2010 through race day

To Register

Complete registration form below or go to www.sugarloafmac.org.

For More information

Contact Donna Utakis at DonnaUtakis@yahoo.com or Race Director Barry Auskern at 413-773-1600,
OR check out the **SMAC web site at www.sugarloafmac.org**
(cash award amounts, course map and directions to the start are provided on the web site).
To contact USATF-NE, email office@usatfne.org or call 617-566-7600.

ENTRY FORM – Jones Group Realtors 10 Mile Road Race 2010

Complete all sections and mail to: **Sugarloaf Mountain Athletic Club, PO Box 379, Hadley, MA 01035**
Make checks (\$25 through February 14, \$30 after February 14) payable to SMAC

LAST NAME _____ FIRST NAME _____

TEAM NAME _____ USATF TEAM NUMBER (3-digit) _____

USATF MEMBERSHIP NUMBER (10-digit) _____
(note that you **MUST** be a USATF member prior to the race to be eligible for any cash award)

GENDER _____ AGE on race day _____ T-SHIRT SIZE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Waiver: In consideration of my entry being accepted, and the grant of permission for participation in the above named race, I for myself, my heirs, executors, administrator, and assigns, do hereby and with full knowledge of the consequences for this act, waive and release and all rights and claims for personal injury or other loss or damage which may arise from said entry and/or participation in this race, against any and all sponsors, backers, supporters, and contributors to this race, including but not limited to the Town of Amherst, the landowners upon whose property the course is laid, the race directors, organizers, administrators, officials, and volunteers, and the business sponsors and promoters of this race. I also understand that there are no refunds regardless of the circumstances including a cancellation due to poor weather as directed by town officials. USATF New England and all of its officers and/or representatives shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

PLEASE NOTE THAT THE LISTENING TO HEADPHONES AND/OR RUNNING WITH A STROLLER ARE PROHIBITED

SIGNATURE _____ DATE _____