Comesta 5k

July 17, 2010 - 8:00 AM

Holyoke Lodge of Elks #902
250 Whitney Ave. Holyoke, MA

Registration fee:
$15 until July 3, 2010
$20 July 4, 2010 through race day
nonrefundable

Proceeds will go to the Massachusetts Chapter of the American Parkinsons Disease Association.

T-shirts are limited to the first 100 entrants!

****Please make nonrefundable registration fee to: *Comesta 5k*****

Please mail printed application and checks to: **Comesta 5k**
89 Vincent Dr.
W. Springfield, MA 01089

_____ _____ _____
Name **Age** **Sex**

_____ _____
Address **City, State, Zip**

_____ **Shirt size (circle one) S M L XL**
E-mail

Please Select One: **Run____ Walk____ Donation $_____**

Waiver: I know that participating in a team run/walk for time is a potentially hazardous activity. I should not enter or participate unless I am medically able and properly trained. I agree to abide by the decision of the event organizer relative to my ability to safely complete the run and walk. I assume all risk associated with running this event including, but not limited to: falls and all other risks associated in participating in such an event. Having read this waiver, knowing there facts, and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Holyoke and all event officials and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons names on this waiver.

Signature_____ Date_____

For more info go to our website: www.comesta5k.com
Questions can be sent to: info@comesta5k.com