

BWS 5K

3.1 Mile Run/ Walk
October 4, 2009 10AM
Fort Tabor, New Bedford, MA



Proceeds benefit the Beckwith-Wiedemann Children's Foundation

ENTRY FEE: ON LINE REG: \$18.00. www.jbrace.com Pre-registration mail in: \$20.00. Day of Race Registration: \$25.00 **Make checks payable to:** BWS 5K, P.O. Box 40483 New Bedford, MA 02740.

INFORMATION: www.JBRace.com www.beckwith-wiedemannsyndrome.org

T-SHIRTS AND RAFFLE: T-shirts available to all pre-registered runners and walkers. Raffle and refreshments are available to all entered runners and walkers.

AWARDS: 1st PLACE MALE AND FEMALE, TOP THREE MALE AND FEMALE: 12 AND UNDER, 13 TO 18, 19 TO 29, 30 TO 39, 40 TO 49, 50 TO 59, 60 TO 69, 70 + and TOP MALE AND FEMALE WALKER.

Please print! -----

FIRST NAME: _____ LAST: _____ AGE: _____

ADDRESS: _____ CITY/TOWN: _____

STATE: _____ ZIP: _____ Gender _____ PHONE: () _____

EMAIL: _____

Check One: RUN__ WALK__ T-Shirt : Small ed arge Large

PLEASE READ AND SIGN: In consideration of accepting my entry, I, the undersigned, intending to be legally bound hereby, waive and release any and all rights and claims for losses, damages that I may have against the City of New Bedford, MA., BWS 5K Committee, representatives, Sponsors, any officials, volunteers, medical and personnel for injuries that I may receive from participation in this race. The Director reserves the right to extend and reject any and all entries. **All Fees are -NON-REFUNDABLE.**

SIGNED: _____ (By Parent if under 18 years old)

A RUN WITH "THE BIGGEST LOSERS" Jay and Mark Kruger