

The Ad Hoc Committee Presents:
Seth's Fat Ass 50 (50K)



Saturday December 18th, 2010, 8:30 AM
Forest Park, Springfield, MA

Mail Entry Form and Check (payable to Frank Roberts):
Seth's Fat Ass 50
c/o Frank Roberts
PO Box 1964
Springfield, MA 01102

Entry Fee: \$25
Do not mail entries after December 14th

NO PRIZES, NO WIMPS!

Details: The race starts at the skate house in forest park. Runners will complete 10 loops of the snowstorm classic 5K route for a total of 50 kilometers. There is a 7 hour time limit. There will be one aid station (at the start and every 5K) with some limited refreshments (if you're picky, bring your own). Runners may run as many loops as they like, and drop out at any time. First 36 entrants get a long sleeve technical shirt.

Questions? E-mail Frank Roberts at frankroberts1@gmail.com

Chew on dotted line and return below portion with check and stamped return envelope:

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____
No. & Street City/Town State Zip

Signature of Entrant (Parent/Guardian if under Age 18)

Participants in Seth's Fat Ass 50 may not hold the Ad Hoc Race Committee responsible for any injury resulting in participation in this event. Participants in this race must be in sufficient physical condition to complete this race.